

Consolidated TV Tip: Your TV service includes Free On Demand video content from these entertainment categories.

TV Entertainment*: View programming On Demand from these channels: *BET, CMT, Comedy Central, Illusion, MTV, MTV2, Nick Jr., Nickelodeon, Spike, TeenNick, VH1* and *VH1 Classic*.

Cutting Edge: See amazing videos of rescues, terrorizing situations, car chases, danger and more from the *Caught On Demand* series.

Kids: With over 100 kids' videos, in the *Kids Unlimited* category, it won't cost a thing for them to watch kid-friendly entertaining programs. Watch videos like *Angus and the Ducks, Babar, The Big Garage, Busy World, Danny and the Dinosaur, Duck for President* and much more.

Life & Home: The *Ambient* category offers vibrant pictures that can serve as "changeable art" on a TV screen. Choose from *Abstract, Fine Art* and *Nature*. Also in this section you can find a video on yoga, look under the *Cultural* category.

Music: Get the party started with the *Music Unlimited* category. Enjoy *Country, Electronic, Hip Hop/Rap, Hits, Rock,* and *Soundtrack* videos.

News & Information: Watch the Research Channel to learn about *Cancer Screening, Exploration of the Poles, Mapping Memory in the Brain,* and more.

Start watching today! Here's how:

1. Press MENU on your remote control.
2. Use the navigation arrow keys and select *Movies* then press OK.
3. Select *By Category* then press OK.
4. Select *Free On Demand* then press OK.
5. After choosing the content you want to watch, select *Play*.
6. Select *Cancel* to return to the Movie Guide and cancel your request.
7. Press EXIT to return to the previous screen. To get back to television programming, you may have to push EXIT several times.

If you have questions or need help, please call us toll-free at 1.800.480.0080.



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* Only customers who subscribe to the Select TV plan or Expanded TV plan will receive the TV Entertainment Free On Demand category. If you subscribe to the Broadcast Basic plan you will not have access to this category.

Free On Demand content is subject to change.

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To review this information in Spanish, please contact Customer Service. Residential customers, call 1.866.989.2255.

Para revisar esta información en Español, por favor póngase en contacto con Servicios al Cliente. Clientes residenciales deben llamar al 1.866.989.2255.